

# CINNAMON LACEY

## Z37A MITSUBISHI COLT CZT

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This month saw all the *Banzai* team attend our very own Japanese Tuning Show at Silverstone, which was a really great day made even better by the fact that I was fortunate enough to take my Colt round the track. Fortunately, in between my driver briefing session and actually making my way on to the circuit, Graham from CG Lock wandered over to expound the benefits of his clever seat belt device. Designed for people who don't want the hassle of fitting proper harnesses but still want to be held tightly in position, it clamps the inertia reel mechanism into position enabling you to feel more at one with the car. This then allows you to concentrate on steering rather than hanging on to the steering wheel to stop yourself being flung about. Graham even reckoned it would help me to shave a couple of seconds off my lap times!

I could see the benefits of the device from Graham's explanation but was totally convinced when I found out that it would also help my posture. I have

suffered with a bad back ever since I had an operation to fuse one of my discs when I was 18. So being pinned into position is actually the best thing for me when driving. I therefore agreed for Graham to fit the CG Lock, which took all of two minutes, and I was off for my track session.

What an awesome piece of kit! With the CG Lock holding my pelvis tightly in place I could concentrate on my driving. It definitely helped me to feel more in control and the fact that my co-driver TJ gave me a round of applause on the way around (he'd never done that before) made me feel confident enough to pester a few Skylines on track.

For those people who love track days but don't want to strip-out their car and fit bucket seats and race harnesses, the CG Lock is a brilliant device that makes you feel far more comfortable, safe and in control. In fact, I'm now thinking of getting ones for the kids too, though I was disappointed to discover that it won't help them keep their mouths shut!